



ACCOMPLISHING TOGETHER WHAT
NO ONE COULD DO ALONE

THE GAB-RRR

Year 22 - Issue 6

Community • Integrity • Prosperity

Monthly News from the Duluth Merchants Association

June

meeting

Tuesday, June 7, 2011 @ 6 pm

Gwinnett Medical Center

3620 Howell Ferry Rd
Duluth, GA 30096
Phone: (678) 312-6839



About the Meeting:

- Board Meeting is from 5-6pm
- General Session Meeting is in the Cafeteria from 6-7:30 pm
- Please Park in Parking Lot 'H'
- Enter through the front door of the hospital...take the stairs to the Terrace Level/Cafeteria
- Or you may use the Elevators.

About Gwinnett Medical Center - Duluth

Gwinnett Medical Center is a not-for-profit healthcare network providing a wide array of high-quality services and facilities to Gwinnett and the surrounding area. With roots that go back more than 60 years, Gwinnett Medical Center now includes two hospitals plus additional supporting medical facilities, with more than 4,100 employees and 800 affiliated physicians.

Our Goal We want to be the leading hospital system in the region—not only because we provide vital and compassionate services, but because we also invest in early intervention and preventive care. We want to transform healthcare in Gwinnett County and beyond by providing the highest quality care available. advanced treatments in the region. And our staff includes some of the country's most renowned, well-trained and well-educated physicians, specialists and employees.

Visit any Gwinnett Medical Center facility today and see even more ways that we're transforming healthcare.

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2011 Officers

President	Sunny Ramsay
Vice President	James Johnson
Secretary	Al Brown
Treasurer	John Monk
Past President	Glenn Sarver

Board of Directors

Greg Steele	(770)	495-8882
Al Brown	(770)	495-8900
Jim Johnson	(404)	626-6245
Chris McGahee	(770)	476-3434
Mark Williams	(770)	441-0945
Albert Marquez	(907)	717-9666
John Monk	(770)	495-8900
Sunny Ramsay	(678)	312-6857
Glenn Sarver	(770)	265-2448
Harold Stamey	(770)	476-1943
Richard Jackson	(678)	644-2007
Allan Roth	(770)	401-2013
Michele Murray	(770)	366-4955
Lynette Purves	(678)	561-3491

The Gab-RRR is a monthly publication of the Duluth Merchants Association. Back issues are available at www.DuluthMerchants.com



Dear DMA Members,

Happy Summer...what a quick transition from winter...teaser spring...winter...to SUMMER!
A Big Special Thank You...as always to



for hosting the great May meeting!
Even a few wild and wooly thunder storms did not stop a large crowd from attending and enjoying the fabulous 'Tasting Location' as well as the culinary delights along with the delicious special beverages! Sharon, Bernard, Gareth and Paul Thank You for your continued Support and Commitment to **DMA!**

This month's meeting will be hosted by



Gwinnett Medical Center Duluth (my home base) and we hope that everyone can make it to the Hospital...this visit will be for fun, education, networking...no needles, tests or procedures allowed this visit! The Board Meeting is from 5-6 pm and the General Session will begin at 6 PM until 7:30 PM. Please park in the 'H' Lot...just to the side of the main entrance...enter through the front doors...and the meeting is on the Terrace Level in the Cafeteria. You can use the Stairs (we call them the Prom Stairs) or take the Elevators to the T Level and follow your nose! We will have a presentation about **GMC-D** from the hospital President, Lea Bay. Bill Stevens, Duluth PD, will tell us about the exciting **9/11** Ceremony to be held in Duluth this year.

If you missed the **Daniel D. Monk Memorial Stars & Stripes 5K Run/Walk** be certain to read the great article in the GABRR. It was a wonderful morning for a Run...John Monk did his usual grand job of coordinating this race and I do believe a good time was had by all!

We are excited to announce that Rayann Larsen /**The Work Spot** is hosting the July Meeting! Exciting because Rayann is a New Member and what a way to present her Business Offerings than by hosting the **DMA Meeting!** Check the DMA Meeting Calendar...there just might be another opportunity for you and your business! Thank you Rayann!

Time to get ready for the Meeting...please just give me a call, or send me an email if you have any questions, ideas, new member leads...or just want to talk Hospital! I thank you for your membership and commitment to **DMA!**

See you June 7th at the **Meeting of Your Duluth Merchants Association!**

Sunny

Sunny Ramsay, DMA President 2011
678-312-6857
lrmsay@gwinnettmedicalcenter.org

About Gwinnett Medical Center - Duluth

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Transforming Healthcare in Every Direction.

This isn't a small change. This is a complete reinvention of healthcare and the way you think of it. At Gwinnett Medical Center, we've transformed every facet of our healthcare system with the patient in mind. And this transformation is evident with state, regional and national accolades.

- More than 37 million Americans suffer from chronic sinusitis, but people suffering from chronic sinusitis can breathe easier thanks to a minimally-invasive treatment option offered at Gwinnett Medical Center. The surgery is designed to open blocked sinuses without painful tissue or bone removal, using Balloon Sinuplasty technology where a small, flexible balloon catheter is snaked through the nostril into the blocked sinus passageway.
- Experience the same care professional athletes of Atlanta receive from the MVPs of Sports Medicine Program.
- As the nation's leader in single incision laparoscopic surgery (SILS™), we've helped more patients hide their surgical scars. SILS™ helps patients recover quicker and leaves tiny, almost unnoticeable scars.
- We've made sure the region's leading imaging center has locations that are convenient and close to you wherever you live or work.
- Gwinnett Medical Center is pleased to be recognized by the Atlanta Business Chronicle as one of Atlanta's Best Places to Work for 2010. Out of 400 nominations, GMC placed fourth in the large Atlanta employers.

In addition, both our hospital in Duluth and our new eight-story patient tower in Lawrenceville are shining examples of how we are focused on expediting patients' healing so they can get back to life quicker.

All our facilities feature the latest cutting-edge technology and the most advanced treatments in the region. And our staff includes some of the country's most renowned, well-trained and well-educated physicians, specialists and employees.

All this means the most progressive and complete care possible not just in Gwinnett or Atlanta, but in the nation.

Visit any Gwinnett Medical Center facility today and see even more ways that we're transforming healthcare.

Planned PETHood presents “Beat the Heat”

**Get your
female cat
fixed for
only \$50!***

Fix her now before she goes
into heat and has a litter.

**Call now-
limited slots.**

Special Price
good through June

678-561-FIX1 (3491)

***Special Price
Includes a Free
Rabies Vaccine!!**



DMA Welcomes the following New Members!



Cool Running for Duluth Stars & Stripes 5K

By [Faye Edmundson](#) | [Email the author](#) | May 29, 2011

The Annual **Daniel D. Monk Memorial Stars & Stripes 5K Run/Walk** attracted 90 runners on a cool, overcast Saturday morning start to Memorial Day Weekend.

While most Duluth residents were still asleep Saturday (May 28) morning, about 90 runners and fitness walkers were getting an early start on celebrating Memorial Day Weekend by lining up on Main Street for the **Daniel D. Monk Memorial Stars & Stripes 5K Run/Walk**. It was overcast and cool and ideal for quick running or brisk walking. It would become sunny and hot later in the day for other holiday activities.



John Monk welcomes runners to the race named in his son Daniel's memory.

The 15th annual race was sponsored by the [City of Duluth](#) and the [Duluth Merchants Association](#) and organized by Pacesetters P.R. Race Service.

John Monk, a Duluth CPA and long-time DMA treasurer, announced the start of the race. "For those who don't go out of town for the holiday weekend, this

race gives them something to do,” Monk said. The race is named for his son Daniel, a veteran who served as a paratrooper with the U.S. Army’s 173rd Airborne Brigade for four years and was honorably discharged in 2007. He had an enlarged heart, and died suddenly on Sept. 10, 2008. Kenyrik Alexis of Grayson was the first male runner and Barbara Jarnagin of Lilburn was the first female runner to cross the finish line on the Duluth Town Green. Alexis finished with a time of 20:20. Jarnagin completed the race with a time of 20:22. Complete race results will be posted at http://www.georgiarunner.com/race_clock.asp. Race proceeds benefit local charities and support downtown development.



John Monk, I, greets Kenyrik Alexis of Grayson as he crosses the finish line first.



Newlyweds Matt Lindsay and wife Jill run the race with 'Tara' and 'Lexie.'



Doug Barr of Suwanee 'strolls' through the race with Isabel and Amelia.



At the conclusion of the race, trophies were presented to Alexis and Jernagin as overall winners and the top three finishers in each age division. Participants also received T-shirts.

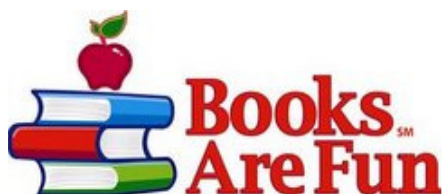
WHO PAYS YOUR MEDICAL BILLS WHEN ANOTHER DRIVER HITS YOU? IT MIGHT BE YOU!!

As unreasonable as it may sound, when someone hits your car and is at fault, medical providers, such as hospitals, doctors, chiropractors, etc., CAN NOT bill the responsible person's insurance company for direct payment. There is no State of Georgia law that requires the responsible person's insurance company to pay your medical bills. The bills first have to go through an optional automobile coverage you can buy called medical payments coverage [med pay]. If you don't have this coverage you can turn to any other health insurance you have—with its built in deductibles, copayments, exclusions, and restrictions on who you can see, how often, and for how long.

THE BEST ADVICE IS:

- 1] Buy medical payments coverage [med pay].
- 2] Discuss other optional coverage like uninsured motorist coverage [UM]
- 3] Have high liability limits, particularly if you have a teenage driver!
- 4] Start treatment ASAP after the injury. Interruptions in care of over a week in the early stages of treatment is interpreted by insurance companies as "this person must not be hurt very badly". Interruptions in care severely damage your claim of being injured, and getting your bills paid by the liability carrier. They don't care or take into account how busy you are with other things in your life, with the possible exception of a death in the family.

For further information contact Al Brown at (770) 329-6



BOOKS ARE FUN BOOK FAIR!

Come enjoy the Books Are Fun book fair held right here at:

**GWINNETT MEDICAL CENTER- DULUTH
(Emergency Hallway...just PAST the GIFT SHOP)**

Sponsored by: Gwinnett Medical Center Auxiliary

**Monday, June 13th 10AM AND 4PM
Tuesday, June 14th BETWEEN 7AM AND 2PM**

**ACCEPTING CASH CHECK MAJOR CREDIT CARDS AND
PAYROLL DEDUCTIONS**

Come visit the New Books Are Fun Book Fair in the convenience of
your workplace. With over 250 great titles at
unbelievable prices,
you are sure to find something for everyone on your list!

Product categories include:

Children's Story Books, Cookbooks, General Interest Books, New York Times Best
Sellers,
Stationery & Scrapbooking, Music Collections, Gifts for all ages, Early Learning Products,
and Children's Educational Products.

First run, top quality products from the world's leading publishers:

Time Life, Simon & Schuster, Dorling Kindersley, Harper-Collins, Penguin, Random
House,
Reader's Digest, Rodale, Disney, Publication's International, Thomas Nelson, Peachtree
Publishing and many more!



Everyone is Invited to....

Kathryn Willis'

80th Birthday Celebration

Entertainment by:

Banks and Shane

(www.banksandshane.com)

Wednesday, June 8, 2011 - 7:00PM

**Duluth Festival Center
on the Town Green**

**Bring lawn chairs, picnic side items just
for your family & beverages of your
choice**

We will provide

Varsity Hot Dogs & Birthday Cake

No gifts please!

**We all hope to see you there!
Kay, Mike, Gin, Tom, Gary & Cris**















June 2011



Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1	2	3	4 <div style="border: 2px solid red; padding: 5px; text-align: center;"> Planned PETHood Vaccine Clinic 9 - 1 </div>
5	6 <div style="border: 2px solid blue; padding: 5px; text-align: center;"> DMA Meeting- Duluth Medical Center - Duluth 6PM </div>	7	8	9	10	11
12	13 <div style="border: 2px solid blue; padding: 5px; text-align: center;"> Books are Fun Book Fair Gwinnett Medical Center - Duluth </div>	14	15	16	17	18
19 <div style="border: 2px solid green; padding: 5px; text-align: center;"> Father's Day </div>	20	21 <div style="border: 2px solid green; padding: 5px; text-align: center;"> First Day of Summer </div>	22	23	24	29
30						

DMA Meeting Locations

NOTE: All meetings begin at 6:00 p.m.

<p>Jan 4, 2011</p>	<p>February 1</p>	<p>March 1</p>
	  <p>Stantec</p>	 <p>a division of SYNOVUS BANK</p>
<p>April 5</p>	<p>May 3</p>	<p>June 7</p>
	 <p>DULUTH FINE WINES</p>	 <p>Gwinnett Medical Center Lawrenceville • Duluth</p>
<p>July 5</p>	<p>August 2</p>	<p>September 6</p>
	 <p>free Admission!</p>	
<p>October 4</p>	<p>November 1</p>	<p>December 7</p>
 <p>Call Us Today: (770) 4-FLOORS (770-436-6677)</p>	<p>TBA</p>	 <p>NEW DAWN THEATER COMPANY</p>

Do you have news or an article you like to include in the DMA Newsletter? Send it in by the 15th of the month in order for it to be included in the next newsletter.